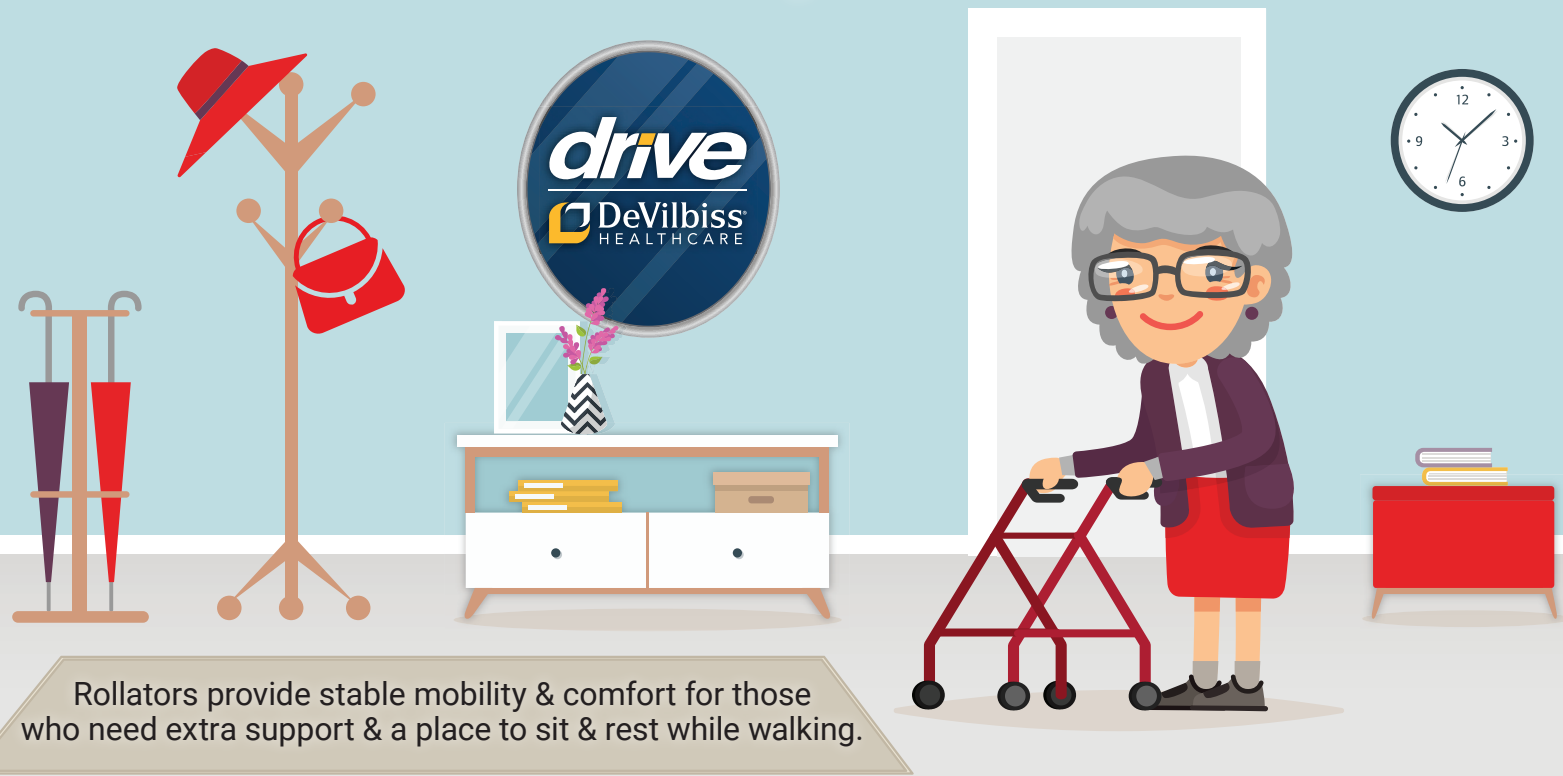


How to Choose the Right Rollator



Rollators provide stable mobility & comfort for those who need extra support & a place to sit & rest while walking.

Step 1: Measure For the Perfect Handle Height

Stand straight with arms at your sides.

BEND ARM 15°
The top of the handles should align with the bend in the wrist.

Keep your shoulders level. Select a height that allows at least 1" higher & lower for adjustment.

Step 2: Choose Based on Mobility & Support

3 WHEELED

Moderate Mobility & Balance
Three-wheeled rollators tend to be lighter and are ideal for maneuvering diverse spaces such as apartment homes and condominiums.

4 WHEELED

Functional Mobility, Balance & Support
Offers balance support & a seat for resting as needed.

Step 3: Choose Based on Weight Capacity

	STANDARD	BARIATRIC
WEIGHT CAPACITY		

Step 4: Choose Based on Portability, Comfort & Storage

Portability
Rollators that fold front-to-back or side-to-side can roll, park or store anywhere, including vehicles.

Comfort & Storage
Most four-wheeled rollators come with a seat, backrest and storage pouch. The ergonomic hand grips provide comfort and control, while the handle height adjusts for a customized fit.

Step 5: Choose Wheel Size

Rollator wheels vary in size from 6–10".

Choose wheels based on where the rollator will be used most. Smaller wheels are ideal for indoor tighter spaces. Larger wheels help navigate outdoor terrain.

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	SIZE	600 px wide	ROUND		DCN	HowToChoose_Rollator_SS_08_02_2021
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